

Time	Activity
09:00 – 09:10 AM	Welcome, Introductions, and Course Objectives
09:10 – 09:30 AM	Icebreaker: "Say What You Mean" – Exploring Communication Styles
09:30 – 10:00 AM	Session 1: Foundations of Effective Communication in Nursing
10:00 – 10:20 AM	Activity: Role-play on Active Listening and Empathy
10:20 – 10:30 AM	Break
10:30 – 11:00 AM	Session 2: Non-verbal Communication and Professional Boundaries
11:00 – 11:30 AM	Small Group Activity: Real-Life Scenarios and Response Practice
11:30 – 11:50 AM	Large Group Discussion: Barriers to Communication and Solutions
11:50 – 12:00 PM	Summary, Q&A, and Feedback