



Integration of Manual Therapy and Movement Science to Manage Lower Back Pain GUIDED TRAINING

Professional Growth and Learning

Introduction

Professional and Development Programs at King Faisal Specialist Hospital & Research Centre (KFSH&RC) are designed to enhance the skills and knowledge of healthcare professionals and other related disciplines. These programs aim to ensure that staff remain up-to-date with the latest medical practices, technologies, and research advancements. Through a variety of workshops, training sessions, and certifications, KFSH&RC fosters continuous learning and professional growth, ultimately improving patient care and hospital services.

Overview of On-The-Job Training (OJT) Programs

On-The-Job Training Programs at King Faisal Specialist Hospital & Research Centre (KFSH&RC) are designed to provide employees with hands-on experience in their specific fields while they work. These programs aim to enhance practical skills and ensure that staff are fully equipped to handle their responsibilities effectively. By integrating training directly into the workplace, KFSH&RC ensures that employees can apply what they learn immediately, leading to improved performance and a more efficient work environment.

Apprenticeship Training Programs (ATP)

The Structured Apprenticeship Training Program (ATP) at King Faisal Specialist Hospital and Research Centre (KFSH&RC) is a premier on-the-job training initiative. This program is meticulously designed to enhance the knowledge and skills required in specialized areas, ensuring participants become highly qualified professionals. KFSH&RC's ATP program is delivered by expert preceptors who use state-of-the-art equipment and technology to provide an engaging and comprehensive learning experience. The program duration ranges from one week to six months, offering a structured training plan that encompasses all the essential competencies needed for success in your field.

ATP Program:

Integration of Manual Therapy and Movement Science to Manage Lower Back Pain Guided Training

Program Overview:

The Integration of Manual Therapy and Movement Science to Manage Lower Back Pain Training Program is meticulously crafted to equip trainees with the comprehensive knowledge and skills necessary for effective physical therapy management of lower back pain. This program enhances clinical reasoning by exposing participants to a variety of case studies, enabling them to understand and classify different types of lower back pain. It delves into the pathophysiology and biomechanical factors contributing to lower



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back pain and underscores the importance of tailoring treatments to individual patient needs. Trainees will learn to apply assessment-based therapeutic interventions that synergistically combine manual therapy and kinesiology, ensuring a holistic approach to patient care and recovery.

Program Objectives:

By the end of the training, participants will:

- Explain the basic classification of lower back pain
- Discuss the pathophysiology of and biomechanical contributors to lower back pain
- Describe the importance of individualizing the patient considering various factors
- Apply assessment- based therapeutic interventions which combine manual therapy and kinesiology

Acceptance Criteria:

- BSc in Physical Therapy
- Licensed by SCFHS or its equivalent outside the Kingdom of Saudi Arabia
- 3 years of experience as a Physical Therapist

Duration:

- One month.

Benefits:

- Medical coverage as per hospital policy.
- Certificate of completion.

Fees:

- 2,000 SAR per month (excluding 15% VAT).

Contact Information:

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Apply via QR Code:

