

## Clinical Nutrition GUIDED TRAINING

### Undergraduate Training Program

#### Introduction

King Faisal Specialist Hospital and Research Centre (KFSH&RC) offers a diverse array of training programs to support the development of healthcare professionals. The Undergraduate Training Programs include Internship Training Programs, Practicum Training Programs, Transition to Practice Programs and Summer Training Programs, providing comprehensive clinical experience to undergraduate students.

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#### Overview of Internship Training Programs

The Internship Training Program is a form of experiential learning that integrates knowledge learned in the classroom with practical application and skills development in a professional setting. Also, designed for non-medical interns, who enrolled in academic institutions. The aim of these programs is to provide interns with fundamental and essential practical skills.

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#### Internship Program:

##### Clinical Nutrition Guided Training

#### Program Overview:

The Nutrition Services Department is committed to train interns to deliver the highest quality of care in a highly specialized hospital environment to all patients. The duration of training will be 12 weeks with six rotations during which the intern shall be exposed to different specialties e.g. Adult, Pediatric and Oncology Sections for both inpatient and outpatient settings.

#### Program Objectives:

By the end of the training, participants will:

- Identify patient's diet and medical history
- Perform nutrition assessment
- Identify patient's nutritional diagnosis
- Accurately document nutrition notes in patient's file
- Instruct patient and family on proper diet / supplement usage
- Calculate patient's nutritional requirements
- Discuss nutrition status / plan with the medical team

#### Acceptance Criteria:

- Internship request letter from Intern's sponsor
- Saudi national or born from Saudi mother only
- GPA 3 out of 4 and above
- Undergraduate students with a scientific major and an at least one course in genetics

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- Pass the Interview
- Valid English Qualification IELTS. (Minimum score is 4.5 overall or equivalent)

### Duration:

- 3 months  
The total period of the internship is (12) twelve weeks (extended another 12 twelve weeks based on intern's evaluation).

### Benefits:

- Medical coverage as per hospital policy.
- Certificate of completion.

### Fees:

- 1,500 SAR per month (excluding 15% VAT).

### Contact Information:

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### Apply via QR Code:

