

CONFERENCE AGENDA

DAY 2 (Monday – 26th January 2026)

Workshops

⌚ 08:00 – 12:00

Speakers

Dr. Ibrahim Shammakhi
PharmD, BCNSP, CNSC

Topic

Parenteral Nutrition Ordering Essentials

Dr. Mohammed Almuatham
PharmD, BCPS, BCNSP

Objectives

By the end of this workshop session, the participant will be able to:

- Identify key components and indications for parenteral nutrition (PN) in clinical settings.
- Differentiate between various macronutrient and micronutrient requirements based on patient-specific factors.
- Apply standardized protocols to accurately calculate PN orders for adult and pediatric patients.
- potential complications of PN and outline strategies for prevention and monitoring.



⌚ 13:00 – 16:00

Speakers

Bashayer Alshehail
PharmD, BCIDP

Wafa Alfahad
BPharm, CPHQ

Topic

Building a Safe and Sustainable Self-Administered OPAT Program: Lessons, Challenges, and Successes

Objectives

By the end of this workshop session, the participant will be able to:

- Identify different models of OPAT delivery, including nurse-led, hospital-based, and self-administered approaches.
- Describe the core components of a Self-Administered OPAT (S-OPAT) program and its unique operational considerations.
- Review an existing S-OPAT workflow through shared institutional experience and best practices.
- Develop knowledge of monitoring requirements, including safety parameters, follow-up frequency, and documentation standards.
- Apply the learned concepts to patient case scenarios to enhance clinical decision-making and ensure safe therapy outcomes.

